

Dance TECH I/ II BALLET COMBINATIONS

Above and Beyond Combination Solo Work. Work on Any three of these combinations (or variations) as a solo and make an appointment to show it to me

Begin R Foot Front in fifth position

2 tendús right foot front croisé to corner 2

(arms _____)*

temp lié to corner 2 close back

COMBO 1

2 tendús croisé back left foot

temp lié to corner 4 brush through to first arabesque

Promenade in first arabesque En de dans**

Right foot Tombé over to corner 2 coupé left foot back - pas de bourree Back side front (end tombe coupe on L)***

pas de bourree back side front (end tombe coupe on R) lift working leg through passé to attitude back arms fifth Promenade en de hors**** in attitude to retiré end corner 1.

REPEAT LEFT

*(VARIATION 1 – DEGAGÉ ALL TENDÚS)

** (VARIATION 2—PROMENADE EN DE HORS IN FIRST ARABESQUE)

*** (VARIATION 3 – PIROUETTE EN DE HORS ARABESQUE)

**** (VARIATION 4—PICK UP PAS DE BOURREE)

***** (VARIATION 5 PROMENADE EN DE DANS)

Begin Right foot front in fifth position 3 Glissades To Stage Right changing

Relevé Sous Sus* plié end fifth

COMBO 2

Repeat left

Tombé pas de bourree** R

Tombé pas de bourree** L

Bourree to corner 8 Balance R leg in retiré count 7 close fifth (Right foot Back)

(MEN WALK INSTEAD OF BOURRE)****//*****

Repeat entire combination to the left with reversing

*(VARIATION 1 --ENTRÉ CHAT QUATRE)

* VARIATION 2 --ROYALLE TO COUPÉ (aka Entré Chat Trois)

** VARIATION 3 TOMBÉ PAS DE BOURREE TURNING

*** VARIATION 4 EN DE HORS PIROUETTE FROM 5TH

**** VARIATION 5 AIR TOUR (MEN ONLY)

Begin in relaxed Tendú back preparatory position (aka. B+)

Pique 1st Arabesque To corner 1

Pique 2nd Arabesque To corner 1

Pique 3rd Arabesque To corner 1

Plié in arabesque pas de bourree close fifth

REPEAT LEFT

COMBO 3

(VARIATION 1 - RELEVÉ COMBINATION)

(VARIATION 2 —ADD INSIDE PIROUETTE)

(VARIATION 3 —SAUTE ALL STEPS)

(VARIATION 4 SAUTE CABRIOLE ALL STEPS)

Begin in relaxed Tendú back preparatory position (aka. B+)

Tombé Pas de Bourree on diagonal to 4th position Facing Corner 1

Relevé Balance passé facing corner 5- Abaisse to fourth position croise lunge to corner 1

Tombé Pas de Bourree on diagonal to fourth position facing corner 5 single pirouette en de hors Abaisse to fourth position croise lunge to corner 1

Tombé Pas de Bourree on diagonal end facing corner 5 in fourth position-- single/or double pirouette en de hors

Abaisse to fourth position croise lunge to corner 1

Tendú Back foot preparation single/double/ or triple* **COMBO 4**

*VARIATION TENDÚ CROISÉ FRONT FOOT PREPARATION SINGLE (OR DOUBLE) EN DE DANS

Tombé pas de bourree glissade no change** (petite) jeté* Right

Tombé pas de bourree glissade no change** (petite) jeté* Left

Tombé pas de bourree glissade change ** (petite) jeté* Right

Tombé pas de bourree glissade change** (petite) jeté* Left

COMBO 5

*(VARIATIONS 1...ETC) ALTERNATE STEP IN PLACE OF JETE (ASSEMBLE, GRAND JETE...)

**Change instead of no change or the inverse

TECH II/ TECH I ADVANCED PLACEMENT COMBINATIONS

Adagio- **COMBO 6**

Grand Plié 2nd -Facing Corner 5

Tendú Rond de jambe to croisé back (hips to corner 1)

Plié 4th through 2nd facing corner 4 into 4th into a small back attitude L leg working

Promenade en de dans

Pull foot through coupé into “degage” (croise) front

Pull leg forward off balance land in a lunge croisé facing corner 1

Stand up in attitude back R Leg working

Face Corner 5 pull working leg to passé- arms to fifth

Extend Leg and arms “a la Second”

Promenade en de dans 12 cts.

Pull leg to passé* and across to Grapevine ** to stage left

Step into first Arabesque tendú facing corner 6 lift working leg to penché

Pull leg into pas de bourree end facing corner 5 in 5th position arms low first

REVERSE AND REPEAT

Start fifth position Right foot front 3 glissades Right changing

piqué 3rd arabesque to corner 8

COMBO 7

plié arabesque pas de bourree close 5th

sissonne firme left close fifth, sissonne firme right close fifth

Tombé pas de bourree assemblé on diagonal to corner 2

Piqué 1st arabesque on right Foot to corner 8

Tombé coupé Left foot over R leg working

Pas de bourree to tendú preparation croisé to corner 2

2 pique tours (turns) en de dans* (Repeat)

3 counts of chainnée into attitude balance croise facing

corner 2 on right leg **COMBO 8**

*VARIATION-- 2 piqué tour (turn) en de hors

*VARIATION-- 2 soutenu

Temps de cuisse R

“” L

R 3x

Glissade Jete R

Glissade Jete L

Glissade Assemble Right

Jumping Echappe to 2nd

Jumping Echappe to 5th

8cts Emboitte to corner 2

Echappe Releve 2nd Close 5th

Echappe Releve 4th Close 5th

Echappe 2nd Close 5th

Attitude Front Close fifth

Glissade jete right

Glissade Jete Left

Glissade jete right

Temp de cuisse right

Pique 1st arabesque (corner 2)

Pique 2nd arabesque (Corner 2)

Tombe PB Attitude R Leg Croixe
