

# Dance Technique Two

(Tech II Semester I)

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Welcome back to University High School's Dance program. Below are listed the requirements and goals for this year. (As the semester progresses, be prepared that there may be minor adjustments to the syllabus, however, rest assured you will be given sufficient notice of any changes.) If you follow the terms outlined below, we all should have a successful, productive, and fun year!

## Goals:

1. To learn more advanced Dance techniques through the study of Ballet, Modern, Jazz, and Cultural Dance.
2. To learn more advanced Choreographic theory and Dance vocabulary.
3. To stretch, condition, and strengthen both body and mind to enable the body to learn dance correctly.
4. Basic Exploration of theories and techniques of Partnering, Social Dances, Weight Sharing and Synergy.
5. To study a variety of music and musical elements, musical terminology, and their relation to dance.
6. To learn dance history as well as current dance trends.
7. To prepare the body to succeed in diverse physical challenges through body awareness

## Dress Requirements:

1. Black leotards or Dance Department T-Shirt
2. Black tights (without feet) or dance leggings/ Males may wear sweatpants
3. You are to keep a towel in your PE locker and bring it on required days (please put your name or other distinguishing mark on this towel.)
4. You will need either jazz or ballet shoes or "Dance Paws". Several classroom elements/expectations will be difficult without them, and they will be helpful for some of the forms of dance we will be learning. You will be required to be barefoot for certain sections.
5. AT NO TIME SHOULD YOU WEAR ANY OTHER TYPE OF FOOTWEAR ON THE DANCE FLOOR,
6. BLACK sweats are okay for use during the first 10 minutes of warm-up on days when the weather is cold.
7. Long hair must be pulled back, and you must have all the required hair accessories every day to do so, (I will NOT provide these for you and you will not be "dressed" without them). Keep a stock of rubber bands and (if you have short hair or bangs), bobby pins in your locker.
8. If you do not have your clothes for any reason, you lose the 7 minute grace period at the beginning and the 7 minute grace at the end. When you enter class at the bell fill out the log book. Then take your place STANDING in your roll group in order to earn back points for the day. If you fail to do this you will forfeit your points for the day. Your Daily activity will be 25-15-25  
\_\_\_\_\_ Be sure to bring a note if your non-dress is due to another teacher.
9. GUM IN YOUR MOUTH WILL BE COUNTED AS A NON DRESS
10. No Watches Earrings, or anything else that can pick snag or fall off.

## Supplies Required:

1. Online Self Assessment Completion. If not completed- you cannot earn higher than a C- in class)
2. Dance Portfolio Submission (If not completed- you cannot earn higher than a C- in class)
3. Lightweight 3 ring notebook with dividers (NOT SPIRAL)— Unless you are told otherwise you will need to bring your portfolio to class on the first and last day of each week. You must have your portfolio on choreography days. Your first and last name must be prominently displayed on the outside front cover.
4. Paper for portfolio and pen (Assignments must be neat)- These will be checked on \_\_\_\_\_
5. Internet Access \_\_\_\_\_ (Dance Department Website- [unidancecompany.org](http://unidancecompany.org))
6. Canvas Access \_\_\_\_\_

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Read and review with parents and turn in the bottom section only.

Keep your syllabus in your dance notebook at all times

Tear Here



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JOHNSON Fall 2014-15

## University High School Dance Requirements

I have read the information on this page and understand the requirements

\_\_\_\_\_  
Parent or guardian signature

\_\_\_\_\_  
Student ID Number/Class Period

\_\_\_\_\_  
Student signature and date

\_\_\_\_\_  
Student PRINTED NAME

