Dance Technique Two

(Tech II Semester I)

Mr. Johnson- (949)936-7635 ejohnson@iusd.org

Welcome back to University High School's Dance program. Below are listed the requirements and goals for this year. (As the semester progresses, be prepared that there may be minor adjustments to the syllabus, however, rest assured you will be given sufficient notice of any changes.) If you follow the terms outlined below, we all should have a successful, productive, and fun year!

Goals:

- 1. To learn more advanced Dance techniques through the study of Ballet, Modern, Jazz, and Cultural Dance.
- 2. To learn more advanced Choreographic theory and Dance vocabulary.
- 3. To stretch, condition, and strengthen both body and mind to enable the body to learn dance correctly.
- 4. Basic Exploration of theories and techniques of Partnering, Social Dances, Weight Sharing and Synergy.
- 5. To study a variety of music and musical elements, musical terminology, and their relation to dance.
- 6. To learn dance history as well as current dance trends.
- 7. To prepare the body to succeed in diverse physical challenges through body awareness

Dress Requirements:

- 1. Black leotards or Dance Department T-Shirt
- 2. Black tights (without feet) or dance leggings/ Males may wear sweatpants
- 3. You are to keep a towel in your PE locker and bring it on required days (please put your name or other distinguishing mark on this towel.)
- 4. You will need either jazz or ballet shoes or "Dance Paws". Several classroom elements/expectations will be difficult without them, and they will be helpful for some of the forms of dance we will be learning. You will be required to be barefoot for certain sections.
- 5. AT NO TIME SHOULD YOU WEAR ANY OTHER TYPE OF FOOTWEAR ON THE DANCE FLOOR,
- 6. BLACK sweats are okay for use during the first 10 minutes of warm-up on days when the weather is cold.
- 7. Long hair must be pulled back, and you must have all the required hair accessories every day to do so, (I will NOT provide these for you and you will not be "dressed" without them). Keep a stock of rubber bands and (if you have short hair or bangs), bobby pins in your locker.
- 8. If you do not have your clothes for any reason, Your Daily activity will be 25-15-25 _______ Additionally you lose the 7 minute grace period at the beginning and the 7 minute grace at the end. When you enter class at the bell fill out the log book. Then take your place STANDING in your roll group in order to earn back points for the day. If you fail to do this you will forfeit your points for the day.
- 9. Be sure to bring a note if your non-dress is due to another teacher.
- 10. GUM IN YOUR MOUTH WILL BE COUNTED AS A NON DRESS
- 11. No Watches Earrings, or anything else that can pick snag or fall off.

Supplies Required:

5.	Internet Access	(Dance Department Website- unidancecompany.org)
6.	Canvas Access	
		Read and review with parents and turn in the bottom section only.
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1. Online Self Assessment Completion.(If not completed, you cannot earn higher than a C- in class)

University High School Dance Requirements

I have read the information on this page and	understand the requirements
Parent or guardian signature	Student ID Number/Class Period
Student signature and date	Student PRINTED NAME

Grading Procedure

Everything After this next sentence is a really wordy way of saying:

'Be here, dressed, on time, pay attention, and challenge yourself every day to get better.

Each week will be worth 50 points. You may keep a basic running total of your points in your *Dancer Portfolio*. If you come to class dressed and participate to the highest level possible you will receive the maximum participation points each day (10pt/day short day), (20pts/day long Block) If you are in class but not dressed, you forfeit your points*. (You will have <u>seven minutes</u> from the time the bell rings to be in your assigned spot ready for roll.) If you are in class not dressed and not participating you will also forfeit these points. This will be the majority of your grade in the class. **At this time, there is no way to make up a "Non Dress"**. But you may see me to discuss this. Tests, dress rehearsal weeks and performance weeks are worth additional points therefore infractions during these times will affect your grade more severely. If you are absent frequently, you will be able to make up any missed work, however you will not be able to regain your daily participation points.

Additional grading factors will be averaged in with another set of points earned by your attitude in the class, how well you approach the choreography projects, how well you work with others and your grades on given assignments-(Including Required Supplies)

1. Journal – You are expected to keep a dance Journal in one section of your Dance Portfolio There will be designated days on which you will be given a topic, but generally this is for you.

2. You are required to attend two FREE professional dance/movement concerts and all Dance Department performances (First Semester UHS Invitational January 7, 8, TENT 9) (Three concerts total, first semester)

Accommodations will be made if students prefer to see paid admission show, please see Instructor for details.

3. Later in the semester you will write one dance critique on a live dance concert. Instructions for this critique are posted online. Your Fall Semester Critique# 1 are due the second Tuesday after winter break PLAN AHEAD. (This means that you must plan to attend concerts in time to write and turn that paper in three weeks before the end of each semester.) Late papers will not be accepted.

4. You are to research/ download and cite the article source for one article by the first day of each week on a health and fitness topic as well as details on one dance step. You may extend or reflect on either of these as part of a journal or simply write one to two lines regarding them.

ADDENDUM 1.	WHICH YOU MAY SEE THAT WILL				
COUNT FOR TWO SHOWS- YOU MUST SEE ME FOR DETAILS					
ADDENDUM ASSIGNMENT 1.					
You must bring a pair of running shoes on TWO days this semester.					
The first Day is 1.					
State Fitness Testing Record - !!!You must record this information online as well!!!					
Semester 1 Beginning	Semester 1 End				
Weight Mile					
Push Ups					
Curl Ups					
Flexibility R/L					
Back Flexibility					
Final Exam Expectations					
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